

Free Event for Whanau, Caregivers, Teachers & Support Services

The Ultimate Whanau Guide to...

Understanding our kids **Online World**
and how to keep them safe.

Cyberbullying
Social Media
Gaming
Online Predators
Online Porn
Smartphones
Filters
Boundaries

Come and hear Filmmaker & Author Rob Cope in
what promises to be a hilarious, straight talking
Parent to Parent talk

Watch the promotional video here - [Our Kids Online Parent Evening.](#)

TUESDAY 4TH JUNE 2024 | 5.30PM - 7.30PM

WAR MEMORIAL HALL

97-103 QUEEN STREET, WAIROA

Register by email marylyn@enabled.org.nz by 31st May

The Whānau Cyber Safety Evening covers the following:

- **Cyberbullying** - How bullies can reach our kids 24/7
- **Social media** - How social media is affecting the mental health of 3 out of 5 children.
FOMO, depression, anxiety
- **Gaming and the developing brain** – An oversupply of dopamine leading to dopamine deficiency, synaptic pruning, and the underdevelopment of social skills and empathy
- **Naked Selfies** - The pressure to send nudes from intermediate up through high school
- **Online predators** - The methods they use, and how to spot them
- **Online porn vs healthy sexuality** - How consuming online pornography as a child or teen can create a sexual template where violence, aggression, and dominance are seen as normal and consent can become very blurry.

Solutions

- **Filters** - Which filters are best and how to install them
- **Smartphones** - How to lock down a smartphone to make it a safe phone
- **Boundaries** - How to put good boundaries in place around device use
- **3 golden rules** - The 3 golden rules that will keep your kids safe
- **Talking to your kids** - How to have difficult conversations with your kids
- **Challenging our own phone and device usage** - Reconnecting as a family.

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Rob Cope is a Filmmaker, Author and Speaker.

He is a hard-hitting, eye-opening and often hilarious presenter helping communities understand the potential harm experienced by our tamariki, and providing safety solutions for whanau and our community.



Feedback from parents who have attended:

"I love that this is for parents by parents"

" I was blown away with the information and presentation... What a great reality check... Awesome for all parents!"

" I loved how raw and real it was... Rob has great engagement with the audience."

"This was everything I didn't know I needed to know!"

" I feel empowered!"